



DAILY 10 COMMANDMENT SERIES

YOUR STORY
AND YOUR
IDENTITY



MASTER PROPHET
ARCHBISHOP
JORDAN

10 Commandments of Your Story and Your Identity

10 Commandments of Your Story and Your Identity

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TABLE OF CONTENTS

	PAGE
1st Commandment.....	1
You Build Your Story.....	1
2nd Commandment.....	4
Have New Set of Interpretations.....	4
3rd Commandment	7
Develop an Open-minded Trait	7
4th Commandment	10
Stop Rationalizing	10
5th Commandment	14
Your Connection to the World Makes Significance	14
6th Commandment	17
Losing Yourself for Service is Shaping Your Story and Identity	17
7th Commandment	21
Stay Positive	21
8th Commandment	25
Enter the World of Action	25
9th Commandment	28
Do Not Let Others Perceptions Define You	28
10th Commandment	31
Your True Self is identified by God	31
More Resource	34
Scriptural References.....	36

1st Commandment

You Build Your Story



“Never forget what you are, for surely the world will not. Make it your strength. Then it can never be your weakness. Armour yourself in it, and it will never be used to hurt you.”

George R.R. Martin

Power Truth

So God created man in his own image,
in the image of God created he him;
male and female created he them.

Genesis 1:27 KJV

You Build Your Story

Builders are skilled in planning and constructing high and mid-rise buildings, bridges, and roads. They are equipped with the proper training needed to pass the standards of

building codes. Builders are keen to details because their license will be at stake when their works don't meet the set standards.

Builders are not limited to only those in the construction firm or sites making you competent to be a builder too. You are inevitably the builder of your own story. No one else will be responsible for building a constructive story.

Builders are skilled in planning and constructing high and mid-rise buildings, bridges, and roads. They are equipped with the proper training needed to pass the standards of building codes.

Leaders and visionaries can be called “builders” of their generation. When you look at the leaders of yesterday and today, they are builders of sorts. Bill Gates and Steve Jobs are examples of those leaders who planned, execute, and made a huge impact during their time. Similarly, you can be one. You can be the builder of your own life.¹

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How can you be a “builder” in your own story? Definitely, you need to have a vision. Vision is the key in seeing a future for your context. Anything exceptional that you wish to attain starts with having a vision. Hope exudes when

you have a vision and you can easily overcome the struggles that will block your way. Avoid having a limited vision for it can cowardly pull you off your desired path.

Vision is the key in seeing a future for your context. Anything exceptional that you wish to attain starts with having a vision.

Lack of vision is caused by two things: past failures and past successes. Sometimes, it's the pain of previous failures that halts our progress. You must keep in mind that these failures lead you to good experiences. Other times, we are blinded complacency with the past successes that we had. Stop with these thoughts. People who dared to go beyond their present circumstances build a more constructive identity. Elevating your vision will make your stories work for you.

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What Now

1. Can someone else be responsible for your story?
2. Why are we considered the “builders” of our own time?
3. Share an exceptional person that built and left a huge impact in your life.

2nd Commandment

Have New Set of Interpretations



“The best way to find yourself is to lose yourself in the service of others.”

Mahatma Gandhi

Power Truth

And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

Romans 8:28 KJV

New Interpretations Makes a Transformed Being

Transformation of one's self involves a dissertation in your way of being to achieve a radical change. Author David Bohm and Mark Edwards explain, "At this point, we can say that whenever something happens that causes people to question their thought seriously, for that moment they are beginning to awaken perception. They're not just running the disks automatically. Up till now the disks ran automatically, producing the answers that would make people feel better."

We come to a point in our lives when we find ourselves asking new set of questions. We have queries we didn't bother to ask before. And these questions came to you when you are opening yourselves for new sets of interpretations.

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The core of a transformed being lies within new interpretations. For many people, going through the daily routines in life becomes the substitute for self-discovery. Exploration of self has sadly been replaced with monotonous work. Our daily tasks make us stagnant which results in expulsion of transformation. But what does it take to transform one's self? What interpretations do you need?¹

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Awakening to new interpretations is the main aspect of personal transformation. To transform one's identity, you make interpretations the central focus. This becomes the core which focuses on life's purpose, seeing both objective and subjective points, and having an everyday conversation with your being.

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New interpretations take place when questions revolve around the person's direction, purpose of being, and the results produced. Having new interpretations creates a transformed way of being open for radical change. Ask yourselves now. What direction are you heading? Is the purpose of your story clear to you? Ask questions for you to generate new interpretations.

Having new interpretations
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being open for radical change.

What now

1. When do new interpretations take place?
2. How do these interpretations make a transformed being?
3. Where are you heading? Is the purpose of your story clear to you?

3rd Commandment

Develop an Open-minded Trait



“It's like everyone tells a story about themselves inside their own head. Always. All the time. That story makes you what you are. We build ourselves out of that story.”

Patrick Rothfuss

Power Truth

But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should shew forth the praises of him who hath called you out of darkness into his marvellous light;

Develop an Open-minded Trait

There will always be situations where we really need a developed trait of openness. In order to keep the mutual respect and trust in relationships, being open with your spouse about absolutely anything is very important in marriage. Leading a team is another example where you should practice having an open-minded trait. Being a leader shouldn't be a one-sided approach. Many leaders who fail to understand a team member's concern most likely fail in his capacity to be open. Valuing openness escalates leadership skills. Constructive interpretations will come when you eliminate fear and develop openness.

Once you open your mind to accept your story, good or bad, it changes everything. It can improve your context, develop your identity, increase your potential, and pave your way to generating possibilities.

Your old ways may have held
you back and hampered your
growth.

Check your way of being. Your old ways may have held you back and hampered your growth. In order to progress in your way of being, you need to be open to change. This is absolutely the best way to go. Be open not only to possibilities, but also to the failures because these are all your stories which provide opportunities to learn. ¹

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your stories which provide
opportunities to learn.

You have to let go of your need of control and value the mood of openness. Openness always leads to something better. It can never be a negative mood. The mood of openness leads to gratifying results. The interpretations you make for your being is greatly influenced by the way you open yourself for possibilities and realities.

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What Now

1. Do you need to be open for failures? Why?
2. Why do we need to develop the trait of openness?
3. Are you starting to develop an open-minded trait?

4th Commandment

Stop Rationalizing



“Never be bullied into silence. Never allow yourself to be made a victim. Accept no one's definition of your life, but define yourself.”

Harvey Fierstein

Power Truth

But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should shew forth the praises of him who hath called you out of darkness into his marvellous light;

1 Peter 2:9 KJV

Stop Rationalizing

Rationalization is the act of making excuses. It is the process of coming up with apparently rational explanations for a certain behavior after employing that behavior or having begun to employ it. It makes your actions biased and the series of events not aligned to your direction.

Rationalization is the process of coming up with apparently rational explanations for a certain behavior after employing that behavior or having begun to employ it.

Unknowingly, rationalizing is a thing you do habitually. It is often brought about by fear, anxiety, and insecurity. You may not be aware but rationalization is a parasite on your stories. It usually leads to negative implications on your way of being.

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We belong to the modern day generation which acquires a new level of thinking. And this trend is now aiming to reject rationalism. As our knowledge broadens, we look for something bigger, opening ourselves to the rich source of interpretations which can alter our way of being.

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Rationalization corrupts our identity and stories. The people who rationalize have the most tedious and frustrating life. And since they are unconscious to reality, they usually make bad decisions and their growth impedes. The act of rationalizing is justifying your actions when things are obviously becoming negative elements of your being. When you already lose track, stop for a while and learn to accept mistakes. There is nothing wrong with committing mistakes. Nobody's perfect. We are bound for errors.²

Rationalization corrupts our
identity and stories.

Assess your interpretations of your story and your identity. Check if it is rationalizing in any way and make a decision to stop. It was written in Jeremiah 17:9, "The heart is deceitful above all things, and desperately sick; who can understand it?" Where do you begin when you decide to stop? Start by being honest with yourself. In combating rationalization, honesty is really the best policy. Keep in mind that rationalizing is always critical in your stories and in your way of being.

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is always critical in your stories
and in your way of being.

What Now

1. What brings rationalization?
2. What must you do in order to eliminate rationalism?
3. Are your interpretations rationalizing your stories and your way of being?

5th Commandment

Your Connection to the World Makes
Significance



“We can spend our lives letting the world tell us who we are. Sane or insane. Saints or sex addicts. Heroes or victims. Letting history tell us how good or bad we are. Letting our past decide our future. Or we can decide for ourselves. And maybe it's our job to invent something better.”

Chuck Palahniuk

Power Truth

What? know ye not that your body is the temple of the Holy Ghost which is in

you, which ye have of God, and ye are not your own?

For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's.

1 Corinthians 6:19-20 KJV

Do You Maintain a Connection to the World?

Oftentimes, we become clouded with only one aspect and we are closed to hearing what the world is teaching us. An anonymous author once said, *“The greatest myth of humankind is that we are separate from our deepest selves, other people, the natural world, and the very source of life itself.”*

“The greatest myth of humankind is that we are separate from our deepest selves, other people, the natural world, and the very source of life itself.” - Anonymous

What stories are you hearing right now? Are the stories interpreted by you or by others' too? Are you considering what the world is telling you? In order to transform, you have to maintain a connection to the world. You have to understand how it greatly affects your way of being. Remember that you were not placed on this planet to live alone. No man is an island; therefore you should be connected to the context God has placed you in.

You were not placed on this planet to live alone. No man is an island; therefore you should be connected to the context God has placed you in.

5th Commandment

How can you remain connected to the world? You have to carefully examine how you interpret your stories in order to create influential contributions. You can listen to what other people might say and just filter their opinions. Let go of the pessimism and keep the positives to fuel you up. Nurture the context created for you and aim for a more constructive one.

You have to carefully examine how you interpret your stories in order to create influential contributions. You can listen to what other people might say and just filter their opinions.

The world is faithful in providing countless possibilities for you. You just have to remain connected to it. Consider the interpretations it has for you and your way of being. There is no harm in considering what the world is telling you. You just have to filter what is empowering and what is not. Deepen your connection to the world. Have the enthusiasm to stay connected to it and considerable realities will unfold.¹

Consider the interpretations it has for you and your way of being. There is no harm in considering what the world is telling you.

What Now

1. Why is it important to be connected to the world?
2. Are your stories connected to the world?
3. How can you remain connected to the world?

6th Commandment

Losing Yourself for Service is Shaping Your Story and Identity



“I belong to the people I love, and they belong to me--they, and the love and loyalty I give them, form my identity far more than any word or group ever could.”

Veronica Roth

Power Truth

For as many of you as have been baptized into Christ have put on Christ.

There is neither Jew nor Greek, there is neither bond nor free, there is neither

6th Commandment

male nor female: for ye are all one in
Christ Jesus.

And if ye be Christ's, then are ye
Abraham's seed, and heirs according to
the promise.

Galatians 3:27-29 KJV

Lose Yourself in the Service of Others

Have you ever thought of doing something out of what you normally do? Have you checked other things you can do to make your story worth telling? Were you able to render service for other people? Service is best done to shape your way of being. The act of service requires commitment and this loses yourself in the process. Commitment is about declaring your passion to something that is bigger than yourself, that's why it was considered "losing of self". Oxford further defined commitment as a state of being dedicated to a cause. Jean-Paul Sartre once said, "*Commitment is an act, not a word.*"

Service is best done to shape
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service requires commitment
thus, losing yourself in the
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Getting committed to something is a choice you make. It is a decision. The best example of a committed man is Mahatma Gandhi. He was illustrated as an ordinary man, but he went on to do things that maybe he, himself thought impossible. Many leaders were ahead of him during his time but he outshone them all – simply because of his commitment. Another leader who portrayed a great act of commitment was Nelson Mandela. He was in prison for 27 years but, his commitment to a united and free South Africa never wavered.¹

The key to being committed is to be willing to be sacrificed and to be used to something bigger than yourself.

The key to being committed is to be willing to be sacrificed and to be used to something bigger than yourself. But there is something hindering us from being committed to serve. Our unconscious limitations get in the way and eats up our motivation and desire. When you start to be committed to something bigger that will make you lose your old ways, it should be a life-long decision. Commitment to do service doesn't only sound huge. It requires huge responsibility.

Our unconscious limitations get in the way and eats up our motivation and desire.

Truly, being committed is a lasting decision you make for yourself. Shaping your identity through your commitment to serve is a conscious decision you need to contemplate. A failure would never get in the way of a committed man. Commitment isn't compromised even if the results seem unfruitful or unsuccessful. Commitment is always a good thing especially when you are shaping your way of being through the stories that you produce.

Shaping your identity through your commitment to serve is a conscious decision you need to contemplate. A failure would never get in the way of a committed man.

6th Commandment

What Now

1. What is the key to being committed?
2. How does commitment to rendering service shape your way of being?
3. Why is it important to have a lasting commitment?

7th Commandment

Stay Positive



“Define yourself radically as one beloved by God. This is the true self. Every other identity is illusion.”

Brennan Manning

Power Truth

Now all these things happened unto them for examples: and they are written for our admonition, upon whom the ends of the world are come.

1 Corinthians 10:11 KJV

Stay Optimistic

Negativity saps our energy, stresses us out, and causes our lives to be miserable. Your story wouldn't be worthy to tell if you entertain pessimism in your context. Of course, many of you can say that it will be difficult to avoid pessimism because we are all surrounded by negative people.

Negativity saps our energy,
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lives to be miserable. Your
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Winston Churchill once said, "*A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty.*" Pessimists will never be banished in this world, but we can always choose to stay optimistic despite the struggles in our life. Choose to see opportunities rather than difficulties.

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Indeed, it is very difficult to see the positive in every aspect of your life. It doesn't always come easy. Our lives are filled with challenges that make it difficult to be positive sometimes. But, choosing to be positive will help you become the person you want to be. You will see the identity you definitely want to see. Striving to make the best of every situation makes the most challenging situations easier to bear.

Our lives are filled with challenges that make it difficult to be positive sometimes. But, choosing to be positive will help you become the person you want to be.

Being optimistic doesn't come naturally. It takes major steps for setting a new perception. How can you do that? First, believe that a positive attitude is a choice. Just as everything is a matter of choice, positive attitude exudes by the decisions you make and believe yourself.

Being optimistic doesn't come naturally. It takes major steps for setting a new perception.

Next, distance yourself from negative people. It might hurt you when some of them are actually your close friends or relatives. But, it takes courage and strength to stay away from unhelpful people. Opposite attracts, and sometimes your positivity still attracts the negative people. They often argue just to make their side triumph.¹

Lastly, reinforce positivity in yourself and share it with others. Do not be overpowered by negative people. Instead, reinforce your positive outlook on yourself and share it with other people. This way, you will be more encouraged to stay optimistic because you are influencing others' context as well.

Reinforce positivity in yourself and share it with others. Do not be overpowered by negative people.

7th Commandment

What Now

1. Why is it important to be optimistic?
2. Do you belong in a circle of negative people? What makes it hard to stay away from them?
3. What are the steps in achieving a positive outlook?

8th Commandment

Enter the World of Action



“I would rather be what God chose to make me than the most glorious creature that I could think of; for to have been thought about, born in God's thought, and then made by God, is the dearest, grandest and most precious thing in all thinking.”

George MacDonald

Power Truth

That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts;

And be renewed in the spirit of your mind;

And that ye put on the new man, which after God is created in righteousness and true holiness.

Ephesians 4:22-24 KJV

Enter the World of Action

Alan Sieler, author of *Coaching to the Human Soul-Ontological Coaching and Deep Change* shared in his book that language is viewed as an active process of generating reality, then it can be seen that we are all active participants in our stories and narratives. Language is a continually dynamic process of generating reality therefore we have to be continually active in disseminating them.

Language is viewed as an active process of generating reality, then it can be seen that we are all active participants in our stories and narratives.

In generating possibilities, each one of us is expected to go beyond our tasks. It requires going beyond the limitations of your stories and narratives. Being active in your stories means going beyond the mind of the author and create the stories you want to be living in.¹

Language is a continually dynamic process of generating reality therefore we have to be continually active in disseminating them.

Countless opportunities are scattered in your world. You have to shift your listening, observing, and learning process. When you do, you wouldn't be oblivious to reality. And when the new idea starts to shape your way of being, you

will begin to realize that you have entered in a different world. The world that was not present before will soon be available.

You have to shift your listening, observing, and learning process. When you do, you wouldn't be oblivious to reality.

Entering into the world of action is definitely a shift in your views and beliefs. You will then participate and engage with your context in a more meaningful way.

Entering into the world of action is definitely a shift in your views and beliefs.

This is a continuous process. You will listen, observe, and learn a new perception. And when all this is established, you will see how the ongoing process of learning is central to our existence.

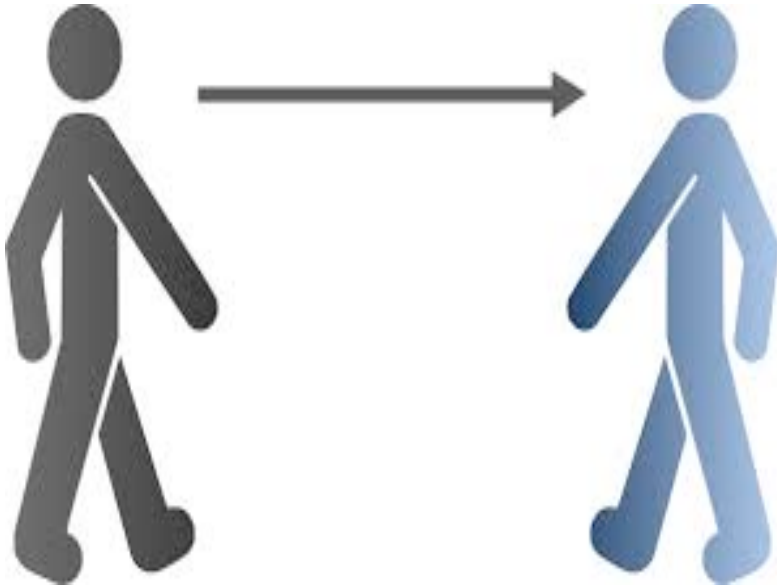
When all this is established, you will see how the ongoing process of learning is central to our existence.

What Now

1. Are you active when it comes to generating possibilities from your stories?
2. What does it mean by "entering into a world of action"?
3. Do you see language as an active process of generating reality? How do you say so?

9th Commandment

Do Not Let Others Perceptions Define
You



**“I am not made like any of those I have
seen. I venture to believe that I am not
made like any of those who are in
existence. If I am not better, at least I am
different.”**

Jean-Jacques Rousseau

Power Truth

For as many as are led by the Spirit of
God, they are the sons of God.

For ye have not received the spirit of
bondage again to fear; but ye have

received the Spirit of adoption, whereby
we cry, Abba, Father.

Romans 8:14-15 KJV

Do not Let Others Perception Define You

Man is not an island and he needs the help of other people. Your context will be filled by others' perception, but you shouldn't let those perceptions define you. Their perceptions can serve as guidance or it can mislead our identities.

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“Man often becomes what he believes himself to be. If I keep on saying to myself that I cannot do a certain thing, it is possible that I may end by really becoming incapable of doing it. On the contrary, if I have the belief that I can do it, I shall surely acquire the capacity to do it even if I may not have it at the beginning.” –Mahatma Gandhi. The main point of this quote - you can receive perceptions of others about you, but how you define yourself will solely be based on how you take those perceptions. It's all in the mind. If other people might discourage your stories, the way you see yourself will still be based on what you take in your mind.

It's all in the mind. If other
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take in your mind.

Why are perceptions so important when it comes to your story and your identity? These perceptions, whether true or false, make you the person you believe you are. Your identity and way of being are based largely on those perceptions. They make you who you think you are. As a result, we then act like the person our perceptions have created.

These perceptions, whether true or false, make you the person you believe you are. Your identity and way of being are based largely on those perceptions.

So, what can you do to avoid others perception define you? Improve your self-concept. Norman Vincent Peale once quoted, *“People become really quite remarkable when they start thinking that they can do things. When they believe in themselves they have the first secret of success.”* Your mind is your ultimate border line. You do have an unrealized potential. Redefine yourself by reprogramming your views and beliefs. Reprogramming is about taking responsibility for your own definition.¹

Redefine yourself by reprogramming your views and beliefs.

What Now

1. Why are perceptions so important when it comes to your story and your identity?
2. What can you do to avoid others' perception define you?
3. How do you redefine yourself?

10th Commandment

Your True Self is identified by God



“We experience ourselves our thoughts and feelings as something separate from the rest. A kind of optical delusion of consciousness. This delusion is a kind of prison for us, restricting us to our personal desires and to affection for a few persons nearest to us.”

Albert Einstein

Power Truth

Put on therefore, as the elect of God,
holy and beloved, bowels of mercies,

kindness, humbleness of mind,
meekness, longsuffering;

Colossians 3:12 KJV

Your True Self is identified by God

The issue of identity is an important part of living an abundant life. If you don't know your identity, you'll be vulnerable to other people telling you who you are.¹

If you don't know your identity,
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people telling you who you are.

You are not defined by your feelings, circumstances, and by the opinions others give you. You are not defined by your successes and failures. You are not defined by your possessions – the cars you own, houses you acquire, and the savings you have in the bank. But who can concretely define us? It is God. The gospel says that you are who God says you are. No one else can give you that concrete definition except Him.

You are not defined by your
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the opinions others give you.
You are not defined by your
successes and failures.

Jesus was able to fulfill His mission because He knew exactly his identity. He knew that He mattered to God, and that made Him confident in fulfilling His faith. Just like Jesus, you must know that you are defined by God and God alone. It was written in 2 Corinthians 1:22, that you are indeed His creation and He is the best person to call us by name and to identify our being.

Jesus was able to fulfill His mission because He knew exactly his identity. He knew that He mattered to God, and that made Him confident in fulfilling His faith.

When you comprehend this fact, you will begin to abandon any image of yourself that is not from God. You stop accepting how others label you and identified you. You start believing with God's word and how He defines your story and identity.

When you comprehend this fact, you will begin to abandon any image of yourself that is not from God.

We are all God's precious creation and He is pleased to see His wonderful piece. You are now identified by God, and the moment you realize that, your stories will effortlessly work for you.

You are now identified by God, and the moment you realize that, your stories will effortlessly work for you.

What Now

1. Are others' perception still a major element of your identity?
2. Who or what is defining you?
3. Who can give the most concrete definition of who you are?

More Resource

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1st Commandment

¹ 1 Timothy 3:1-13

2nd Commandment

¹ 2 Timothy 3:16-17

3rd Commandment

¹ James 3:1

4th Commandment

² 2 Timothy 2:2

5th Commandment

¹ Joshua 1:8

6th Commandment

¹ Exodus 20:1-26

7th Commandment

¹ Proverbs 3:5-6

8th Commandment

¹ 1 John 3:2

9th Commandment

¹ 2 Timothy 3:16

10th Commandment

¹ Philippians 4:8